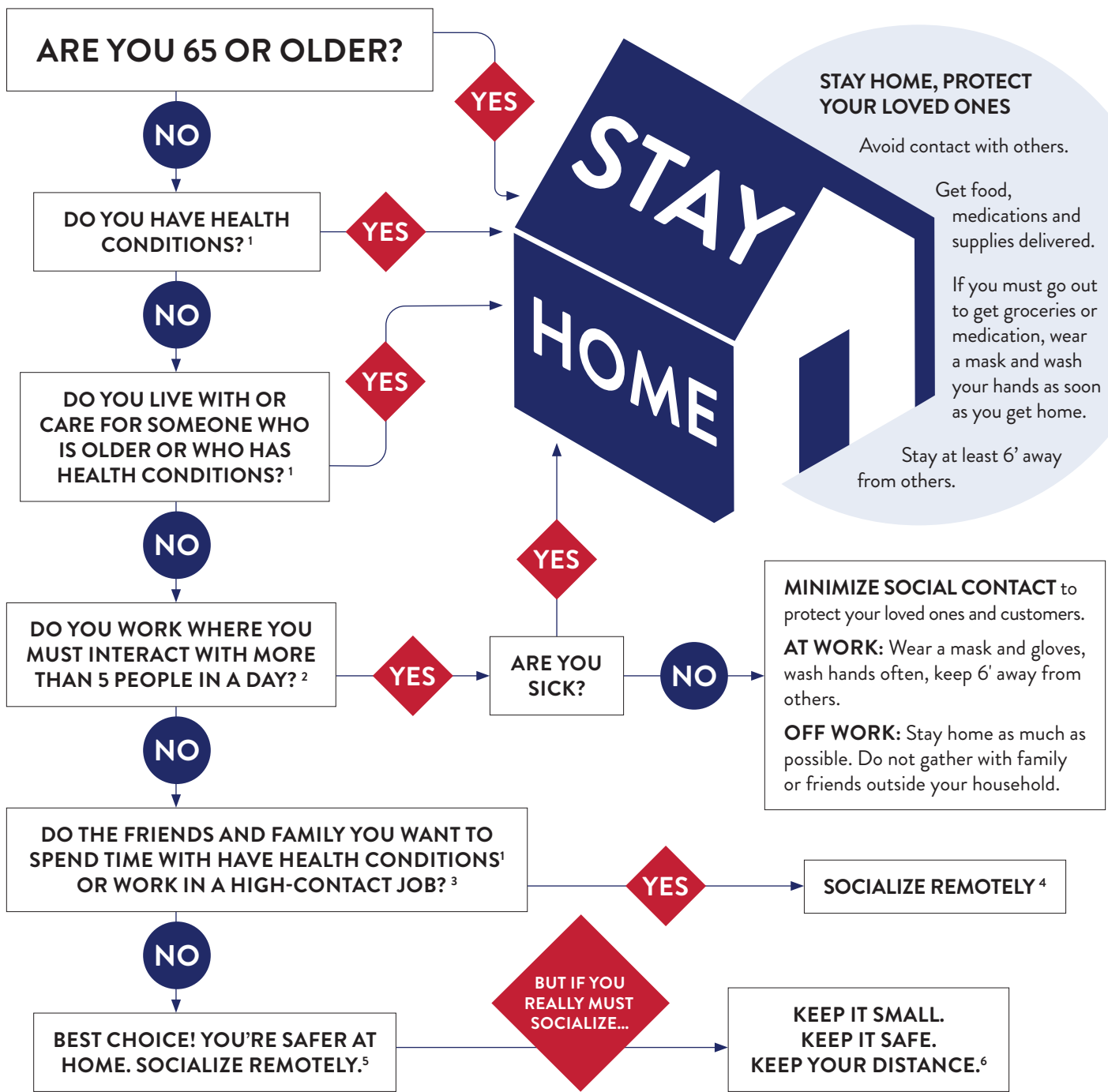


# AM I SAFER AT HOME?



WHAT'S YOUR BEST CHOICE TO REDUCE THE RISK OF GETTING OR SPREADING COVID-19?



1) Moderate to severe asthma, chronic lung disease, serious heart conditions, diabetes, severe obesity, chronic kidney disease (requiring dialysis), liver disease, or a compromised immune system.

2) Restaurant, grocery store, convenience store, shop, salon, doctor's office, factory, child care center, etc.

3) Age 65 or older, have chronic health conditions, or

work in an industry where they interact with more than 5 people in 1 day.

4) For your health, the health of your loved ones and the people they interact with. They have so much contact that they could get sick and make you sick. And if you are sick and you get them sick, you could potentially cause them to infect their customers and family.

5) COVID-19 is still in our community. The more you stay home, the better chance we have of stopping the spread.

6) Gatherings of more than 10 people are prohibited under Public Health order 20-28. Everyone should wear masks except children under age 3. Aim to keep at least 6' away from each other. DO NOT share cups, plates, utensils, etc., and disinfect surfaces after gathering. DO wash your hands frequently.