



PARK COUNTY SENIOR COALITION

P.O. Box 309
FAIRPLAY, CO 80440-0309

PHONE: (719) 836-4295
e-mail: scofpc@parkco.us

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Dear Park County Resident:

Park County Senior Coalition has received funding to assist our seniors (over 60) with emergency boxes. Prathers Market has supplied the contents and made a donation to help the funding go further, and we are working with other grocers to provide county-wide coverage. We are pleased to have this opportunity to assist in our community at this difficult time!

Approximate contents of your box:

DRY GOODS

- Complete pancake mix (add water only) - 1 box
- Pancake syrup - 1 container
- Spaghetti - 1 box
- Parmesan cheese shelf stable canister - 1
- Tuna Helper - 1 box
- Macaroni and cheese - 2 boxes
- Saltine crackers - 1 box
- Other crackers - like Triscuits / Wheat Thins - 1 box
- Instant flavored oatmeal packets - 2 boxes of 10 packets OR Canister of oatmeal
- Cheerios - 1 box
- Popcorn microwave - 1 box
- Graham crackers - 1 box
- Pudding - 4 pack single servings
- Mixed nuts, peanuts, or sunflower seeds - nuts only (not in shell) – 2 containers
- Pretzels - 1 bag
- Cookies - 1 package
- Dried fruit - 1 package
- Vegetable oil - 1 bottle
- Tea - 1 box (recommend herbal such as peppermint)
- Coffee - 1 can



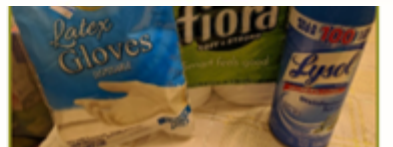
Example overview of food of 14-Day Meal Kit

CANNED GOODS

- Canned fruit (mix of pineapple, peaches, pears, cranberries) - 5 total
- Canned vegetables (green beans, peas, beets, potatoes, corn, beans) – 5 total
- Spam - 1
- Spaghetti sauce - 1
- Tuna - 2
- Vegetable soups (acorn squash, minestrone, etc...), chicken noodle soup, vegetable beef soup, baked potato & bacon soup - 5 total
- Applesauce - large jar or 1 package of 6 small containers
- Grape juice - 1 bottle
- Gatorade - 2 large bottles
- Peanut butter - 1 jar



- Toilet paper - 1 pack of 4 rolls
- Can of disinfectant
- Disposable gloves
- Bar soap



Bobbi A. Gore
Executive Director

The mission of Park County Senior Coalition, founded in 1977, is to assist senior citizens of Park County to remain in their homes as long as they wish and are able.